

  
**Shabbaton in the Mountains**  
Wildacres Retreat, Little Switzerland, NC

## Tentative Shabbaton Schedule

### Thursday evening

4-5:30pm Registration  
6:30pm Dinner  
8:00pm Welcome; **Introduction to weekend theme**; entertainment

### Friday

8:00am Breakfast  
9:15am Movement and Tefillah/prayer  
10:30am **Session 1**  
12:30pm Lunch  
1-5:00pm Free Time  
4-5:00pm Registration for Friday arrivals, Shabbat Preparation  
6:00pm Gathering for candle lighting  
6:30pm Shabbat Dinner  
7:30pm Kabbalat Shabbat/Welcoming Shabbat; **Session 2**

### Saturday

8:00am Breakfast  
9:15am Movement and Tefillah/prayer; **Session 3**  
12:30pm Lunch  
1-4:30pm Shabbat Menucha/Rest, Hiking, Relaxation  
4:30pm **Session 4**  
6:00pm Dinner  
7:45pm **Session 5**  
9:00pm Havdalah/Ending Shabbat and Mountain Music

### Sunday

8:00am Breakfast  
9:00am Movement and Tefillah/prayer  
10:00am **Session 6**  
11:15am Group picture and goodbyes